

Parent training for Autism Spectrum Disorder

Shamaila Ijaz¹, Farwa Razaq², Sonia Ijaz Haider³

Abstract

Objective: The main purpose of the present study was to investigate the effectiveness of behaviour therapy training to mothers of autistic children on verbal and non-verbal improvement of their children.

Materials and Methods: A total of 33 mothers of autistic children were selected for training based on non-probability purposive sampling procedure. Autism Spectrum Disorder(ASD) Knowledge Scale was used to assess mothers' knowledge about autism and Vineland Adaptive Behaviour Scale was used for assessment of the communication skill in autistic children.

Results: This study revealed that behaviour therapy training significantly improved communication skills of children with autism by training mothers. The results of paired t-test revealed that trained mothers developed improved communication skills.

Conclusion: These results showed improvement in communication skills of autistic children whose mothers were trained in behaviour therapy.

Keywords: Behaviour therapy, autism, training mothers. (JPMA 71: 31; 2021)DOI: <https://doi.org/10.47391/JPMA.127>